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New Year's Yelolutions!



January 06



New Year, New You!

ON THE RADAR

Resolution #1:

Drink Less

Break It: [And join the Yelp Wine Club!](#)

Resolution #2:

Eat Less

Break It: [We've got a South Bay Dinner Club too!](#)

Resolution #3:

Laugh More

Keep It: [Let Them Chirp Awhile @ Downtown Independent](#)

Resolution #4:

Get Cultured

Woohoo! 2009! Pop the bubbly! Oh, what's that? We're already almost a week in? Yikes, time to get a jump on those **resolutions!** Whether you spent New Year's Eve finishing that diligently-written list, or just finishing that third bottle of champagne, the good news is **you still have 359 days left in the year to become your snazzy new self!** Need a little help? That's why you've got Yelp!

Perchance you had one too many candy canes and are now realizing **the chubby Santa look is so 2008?** Good thing you found those sleek new spandex shorts in your stocking! Take it to the streets with some help from the [Bicycle Kitchen](#), which **Bryan W** calls a "rare jewel. If you want to build or tune a bike, then this is the spot." Or put yourself through an intense session at [The Bar Method](#) like **Suzanne F** did: "I am still sore and my quads, calves, and triceps insist on cursing at me every time I move them." **Arin N** recommends um, running, not walking, to [A Runner's Circle](#) if you're looking to sweat: "The best shoe store in LA hands down... I got my custom fit shoes and now **all I need to do is get off the couch** and stop being lazy." Looking good is half the battle, Arin!

Now that you're fit, check fabulous off the list after you hit [Studio DNA](#) for all of your beautifying needs. Toast to your hot new look with **Caroline C**: "**If you come on Saturdays you get complimentary mimosas!** Sip slowly though so you won't pass out in the chair." If you need a little culture with that coif, [Distant Lands](#) has those 'read more' and 'travel more' resolutions covered. With an overabundance of books, luggage, and travel accessories, **Eli B** claims, "I don't see a reason to go anywhere else." Well, besides on vacation, of course!

Then again, saving money is probably on everyone's list this

Keep It: Free Downtown Art Walk

Resolution #5: Save Money
Keep It: Yelpers divulge where to score great deals!

year. Thankfully, the [Melrose Trading Post](#) knows just how you feel. This flea market mecca helped **Adrienne D** find everything from **vintage photos, letters and locket necklaces**, to flannel shirts, movie posters and sunglasses. Sweet! And a Lincoln and Hamilton will fill your belly at [Dominick's Sunday Supper](#). With three full courses that change every week, **Anna A** promises: "Thank me later, you will be back every Sunday." 2009's lookin' fine already!



Already break some of those resolutions? Get your motivation back on [Talk!](#)

Top Yelpers

See who's been mouthing off this week!



Hannah K.

I love you like a fat kid loves CAKE! =)



Brad L.



Jackie G.

If you don't like it, spit it in a...



Dieu C.



Anita W.

mm..cheese

Picks of the Week

Reviews we liked this week.



[Amy C.](#) on [Exhale Mind Body Spa](#)

"I hate working out and therefore never go to the gym.

But, once in a while, I feel fat and need to work off all the food and alcohol.

So, after a 5 week hiatus from torture class, I finally came back to Core Fusion last night. Trista is my fave instructor and she knows how to work you till you cry..."

Fresh Lists

The newest of our users' favorites.



[Break Your New Years Resolution](#)

"I love the food at these places. My last meal (if at a restaurant) would be from one of these places."



[A girls gotta look and feel good. . .](#)

"Places to relax, put your feet up, get a massage, get your hair done, facials, nails. . ."



[Must have cheap eats](#)

"If you've only got a few bucks to your name....these are the places to hit!"



[High Maintenance](#)

"How I keep myself fabulous!"



[The Hikes I likes](#)

"There are so many great hikes in our area... get out there and check them out!"



[Renee T.](#) on [Your Neighborhood Studio - Dance, Yoga, Fitness](#)

"I just went to my first class here and had a good time. I found them because I walk my dog along these streets. I was also intrigued because I saw one of the classes had a live trio of musicians playing zen music for the class (not so for the one i chose!).

The space is huge and airy; it has A/C and..."




[Bobbi B.](#) on [The Edison](#)

"Absolutely amazing decor. I didn't know places like this existed in LA. I felt like we were transported back to one of the underground speakeasy clubs back in the days of prohibition. The waitresses even wear a 20s style flapper costume. It was such a unique and fun place to visit!

I've personally..."



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